HERE FOR YOU
PREPARED TO CARE

2020 ANNUAL REPORT
FORREST HEALTH FACILITIES

- Asbury Hospice House
- Forrest General Hospital
- Highland Community Hospital
- Jefferson Davis Community Hospital
- Jefferson Davis Extended Care Facility
- Marion General Hospital
- Pearl River County Hospital & Nursing Home
- Pine Grove Behavioral Health & Addiction Services
- The Orthopedic Institute
- Walthall General Hospital

For a complete list of Forrest Health facilities and clinics, visit forresthealth.org.
CONTENTS

A Letter from the President & CEO .................. Page 3
2020 Highlights ........................................ Page 5
COVID-19 Highlights ................................. Page 7
2020 Employee Awards ............................... Page 9
Awards and Recognitions ......................... Page 10
Forrest Health Hospitals’ Statistics ........ Page 11
2020 Video Highlights ............................... Page 13
If you look at the Forrest Health logo, you will see the image of a shield. As we reflect on 2020 the shield is extremely appropriate. We encountered a pandemic known as COVID-19 which required us to pick up a shield and go into battle. As we navigated our way, we were challenged to figure out how to shield our employees, our patients, and our community from this unknown illness that was striking rapidly across the world.

We cannot express how thankful we are for the teams of physicians and employees that we have at Forrest Health. They were called into battle, and they put on their masks, PPE (personal protective equipment) “shields”, and rose to the occasion by becoming the heroes and sheroes they were called to be. Our staff were creative and innovative and adapted to a new climate in healthcare. There were challenges in staffing, patient flow and supplies. Our staff never stopped. Their passion to help others was clear, and their mission was to do what was best for the patient.

We also want to express our appreciation to the communities we serve. You provided masks, meals and encouraging messages of support. Our first responders, our military, prayer groups and many more gave us a big pat on the back when we were tired from the battle.

Thank you to our Board of Trustees and the Forrest County Board of Supervisors for your support. We are grateful that you understand our mission and that you provide structure and leadership.

Even in the midst of a pandemic we moved forward. You will see in this publication a tribute to the COVID response and the accomplishments despite the environment. As we dealt with being the first to receive a COVID patient in the state, we responded quickly and opened a Cough and Fever Clinic through a partnership with the Hattiesburg Clinic to screen for COVID. As we opened a clinic, we continued to move forward on needed construction and opened a 5th cardiac catheterization lab to treat patients who need electrophysiology services (EP). We added a third linear accelerator to care for our cancer patients, and we implemented new processes in our ER to improve the patient experience. We will continue to focus daily on improving quality and the patient experience.

As we move into 2021, we are filled with hope that the COVID-19 vaccine will bring the pandemic under control. 2020 will forever be imprinted upon our memories as one of the most challenging years in our lifetimes, but we have all learned from history that we all move forward. If we move forward together we can all be optimistic about the future.

Forrest Health will continue to look for growth opportunities and for ways to provide even better services to even more people. We will work hard to be the health partner you depend upon. Together, with our physicians, staff, communities we serve and leadership support, our future is bright!

Andy Woodard, President and CEO, Forrest Health
FORREST COUNTY BOARD OF SUPERVISORS

(Left to Right) David Hogan, President and District 1 Supervisor; Sharon Thompson, District 2 Supervisor; Burkett Ross, District 3 Supervisor; Rod Woullard, Vice President and District 4 Supervisor; Chris Bowen, District 1 Supervisor
(Photo taken prior to COVID-19)

FORREST GENERAL BOARD OF TRUSTEES

(Left to Right) Marcus Hogan, MD; Amy Arrington, JD; Richard W. Preusch; John Keene; Kate Aseme, MD; Eric Steele; and Lynn Cartlidge
(Photo taken prior to COVID-19)

MEDICAL EXECUTIVE COMMITTEE

(Front Row from Left) Amanda Sellers, MD, OB/GYN; Sriharsha Athota, MD, Medicine; Megan H. Dillon, MD, Pediatrics; Back Row: Peter Kamp, MD, Psychiatry; Brian Rifkin, MD, Nephrology; Scott Keeler, MD, Radiology; Duncan Donald, MD, Surgery. Not pictured: Lisa Leek, MD, Emergency Medicine; Luis Irizarry, MD, Anesthesia; and Tim Cole, MD, Pathology.
The cardiology team at Forrest General Hospital successfully performed mitral valve repair using the newly-innovative MitraClip™ G4 device. This procedure is a minimally invasive treatment option for people with a severe leak in the mitral valve who are too high-risk for traditional open-heart surgery or select heart patients who remain symptomatic despite guideline-directed medical therapy (GDMT). The condition, called mitral regurgitation (MR), is one of the most common heart valve diseases.

With this procedure, Forrest General becomes the first in the state to use the new MitraClip G4 technology. In January of 2017, Forrest General became the first hospital in Mississippi to treat mitral regurgitation using transcatheter mitral valve repair (TMVR) with MitraClip therapy.

MAKO BILATERAL KNEE SURGERY
The Orthopedic Institute surgeons, James Sikes, MD, and Neal Gregg, DO, of Southern Bone & Joint Specialists, P.A., performed the state’s first bilateral MAKO® robotic knee procedure.

The MAKO system allows the surgeon to view the needed changes and steps for a successful surgery before making any bone cuts. This is done through a CT scan and preplanning that is done by the surgeon and a trained MAKO professional.

MICRA™ V PACEMAKER
Cardiologist Randel Smith, MD, performed the state’s first pacemaker implant using the new revolutionary Micra™ AV pacemaker at Forrest General Hospital. Smith was assisted by Diego Alcivar, MD, an electrophysiologist. Forrest General and University of Mississippi Medical Center are the only two hospitals that currently have this therapy.

Billed as the world’s smallest pacemaker, this new technology, referred to as “transformational,” may allow many more patients who need pacing to become candidates and receive that therapy from a leadless pacemaker. Until now, treatment with leadless pacing was appropriate in only about 10-15 percent of pacemaker cases.

LINEAR ACCELERATOR
Forrest General Cancer Center announced the addition of a Varian® Edge™ Linear Accelerator in its battle to fight cancer. The piece of equipment has the capability to treat all types of cancers with conventional radiation and using high dose pinpoint radiation, otherwise known as stereotactic radiation.
EMERGENCY DEPARTMENT EXPANSION
The Emergency Department completed its expansion of a new wing to house more ED patients. The hospital also added the addition of a larger ambulance bay to accommodate larger trucks and medical equipment.

DAISY AWARD INTRODUCED
Forrest General awarded its first DAISY Award in April 2020. Ashley Harris, an LPN at Forrest General Hospital, was surprised as the hospital’s first recipient of the DAISY Award. The national recognition award is presented monthly to a deserving nurse who exemplifies clinical expertise and compassionate care and is recognized as a role model in the nursing community.

The DAISY Foundation was established in 1999 in California by the family of J. Patrick Barnes, who died at the age of 33 from complications of an auto-immune disease. During his eight-week hospital stay, his family was impressed by the care and compassion his nurses provided, not only to him but to everyone in the family. They created the DAISY Award in his memory to recognize those nurses who make a big difference in the lives of so many people.

FGH GIVES BACK
Having been on the receiving end of the graciousness of others during difficult times, especially natural disasters, Forrest General returned the kindness as they reached out to hospitals in Louisiana following a series of hurricanes to strike the area. Forrest General partnered with Vizient, the nation’s largest member-driven health care performance improvement company.

Items such as diapers, feminine products and fans were pulled from the Forrest General Storeroom and transported to Louisiana and divided among Cameron Hospital in West Calcasieu, Memorial Hospital in Lake Charles and Memorial Hospital in Beauregard as well as CHRISTUS Ochsner St. Patrick Hospital in Lake Charles.

Following devastating storms in Louisiana, Forrest General reached out to provide supplies to hospitals in the area.

HATTIESBURG CYCLE DONATION
Hattiesburg Cycles observed Breast Cancer Awareness Month by making a sizable donation for the Forrest General Healthcare Foundation. For every unit sold, the Hattiesburg business donated $50 to the Foundation. In all, 207 units were sold during the month which added up to the $10,350 donation. The donation will be used at the Forrest General Cancer Center. This was the third year for the Hattiesburg business to make such a donation. Purchases were made by people from across the state from North Mississippi to the Mississippi Gulf Coast, west to the Mississippi River, and in Alabama, Tennessee, Louisiana, Florida, and Texas, as well as right here in our own backyard.

ACA INVESTS IN FORREST GENERAL TRAVEL ASSISTANCE FUND
The Mississippi Chapter of the American Cancer Society made an investment in the Pinebelt Foundation’s newly-formed Cancer Patient Travel Assistance Fund. The fund benefits patients at the Forrest General Cancer Center. Representatives from the Foundation received a $5,000 check, which went toward supporting the travel needs of cancer patients as they travel to and from the Hattiesburg facility for treatments. These frequent trips can often create both a financial and logistical burden for the patients and their families.

PROJECT SEARCH GRADUATES FIRST CLASS
The Project SEARCH program, which was housed at Forrest General during 2020, graduated 10 students from Petal, Hattiesburg, and Lamar County school districts who completed the inaugural program hosted by the Hospital. A graduation ceremony was held at the Kamper Park Pavilion where graduates were surrounded by family, friends, and instructors. Graduates were assigned time slots to help with social distancing. The program, which was started by the Mississippi Department of Rehabilitation Services, is designed to help students with intellectual disabilities move into the workforce after high school.

WALTHALL GENERAL CELEBRATES 50TH ANNIVERSARY
Walthall General Hospital opened its doors as a county-owned facility in 1970. During 2020 the hospital celebrated its 50th anniversary as part of the Forrest Health family.

Prior to the start of the hospital’s construction on Hospital Drive in 1968, there were two privately-owned hospitals which closed upon WGH’s opening two years later in 1970 as a 60-bed facility. Since that time, the 25-bed Critical Access hospital has continuously served and cared for the people of Walthall County and surrounding areas through a number of services, including its Emergency Department, which opened in 1970 and is considered a Level IV Trauma Center. The hospital also offers Emergency Medicine, Imaging and Radiology, Respiratory Therapy, Swing Bed, Cardio Rehab, Education, Home Health, Laboratory, Mobile MRI, Wound Care, and the Walthall Rural Health Clinic.
FORREST HEALTH COVID-19

MARCH 12
FIRST CASE OF COVID-19
During a press conference, the first presumptive case of COVID-19 in Forrest County was confirmed.

MARCH 20-23
EMERGENCY BLOOD DRIVE
At the beginning of the COVID-19 pandemic, there was an emergency need for blood. Several blood drives across Forrest Health campuses and in partnership with Vitalant, netted 564 units of blood. The drive, which originally began in a parking lot adjacent to the hospital quickly outgrew the location and was moved to Lake Terrace Convention Center the following day.

MARCH 16
FORREST GENERAL, HATTIESBURG CLINIC PARTNER FOR COUGH AND FEVER CLINIC
In response to the COVID-19 epidemic, Forrest General Hospital and Hattiesburg Clinic opened a Cough and Fever Clinic where they offered curbside testing for COVID-19.

MARCH 25
FORREST GENERAL ESTABLISHES COVID-19 HOTLINE
In an effort to help answer questions for the community, Forrest General created a Hotline telephone number for anyone calling into the hospital with general questions regarding COVID-19 or other general questions related to visitors, symptoms, supplies, etc. The Hotline was staffed with nurses from 7 a.m. – 11 p.m. 7 days a week.

APRIL 1
FIRST COVID-19 DEATH
On April 1, 2020, Forrest Health announced its first patient death due to COVID-19.

APRIL 7
LEADER SERVES DEPLOYMENT TO COVID-19 FIELD HOSPITAL
Dr. Lawrence “Larry” Leader, a cardiologist at Hattiesburg Clinic, spent two months on a Naval deployment to New York City where he oversaw the ICU in a field hospital set up in the Javit’s Center. Leader is commander of Pensacola Detachment B in Gulfport, the state’s Seabee base, where he trains once a month. He was among medical specialists from across the nation and all branches of the military who were deployed to New York during the height of the COVID-19 pandemic.

APRIL 9
ADVANCEMENT AGAINST COVID-19 WITH VTM PRODUCTION
A trio of Hattiesburg-based healthcare and research entities announced a major advancement in the fight against COVID-19. Hattiesburg Clinic, Forrest General Hospital, and the University of Southern Mississippi have produced a Virus Transport Medium (VTM) unit that is approved and readily available for public use. The Hattiesburg healthcare trio also created an approved system that allows the VTM units to be tested at USM.

APRIL 9
FORREST GENERAL JOINS FORCES TO PROVIDE INNOVATIVE TECHNOLOGY IN COVID-19 FIGHT
Innovation and creativity are words used to describe the work that four local entities conducted to help healthcare workers and patients in the Pine Belt. Representatives from Forrest General, Hattiesburg Clinic, The University of Southern Mississippi and Howard Industries came together to demonstrate some innovative technology which is aiding medical personnel during the COVID-19 pandemic – The Hub Mask, Snorkel Bipap, and Ambu-bag Ventilator.
APRIL 10

IN-HOUSE TESTING
Forrest General began processing its own COVID-19 tests. The testing allowed healthcare personnel to process tests more quickly. The tests were run through the Cepheid system, which features a setup with 24 modules and is used by hospitals worldwide. The hospital has used the system to test for flu, sexual diseases, strep, RSV, MRSA, C.diff and other infectious diseases. The system delivers point-of-care results within an hour. The goal of the in-house testing was to help alleviate some of the pressure put on healthcare facilities by the virus.

APRIL 11

PAINT THE CITY RED DAY
Forrest General joined the city of Hattiesburg to “Paint the City Red” on April 15. This “red” movement was a show of support for encouraging strength and unity during the COVID-19 pandemic. Forrest General and the City of Hattiesburg encouraged the community to join together by placing a red ribbon on a tree, a mailbox or door at a home/business or to wear red (even while at home) in solidarity for this effort. #TheHattiesburgWay.

APRIL 13

HOSPITAL PRESERVES PERSONAL PROTECTIVE EQUIPMENT
Forrest General Hospital healthcare professionals did their part to help prolong personal protective equipment (PPE) such as N95 masks, during a time when critical supplies were scarce nationally, and when front-line employees were exposed to highly-infectious diseases such as COVID-19. A plan was implemented whereby N95 masks were decontaminated using vaporized hydrogen peroxide and heat during a 30-minute sterilization process. When the process was in full swing, Forrest General was able to sterilize about 300 to 400 masks a day.

APRIL 14

DRIVE BY SALUTE
A drive-by parade to honor employees was coordinated by local Forrest County Sheriff’s Department, Hattiesburg Police, Mississippi Highway Patrol, Hattiesburg Fire Department, Petal Police, Forrest County Volunteer Fire Departments.

APRIL 24

HEROES AND HEROES
During the pandemic, Forrest General Hospital, the City of Hattiesburg and JMH Graphics came together to create a T-shirt saluting men and women on the frontlines of the COVID-19 pandemic. One-hundred percent of proceeds from T-shirt sales was used to purchase gift cards from local restaurants. Once the sale was complete, drawings were conducted and gift cards presented to Forrest General employees and first responders.

MAY 8

CAMP SHELBY SALUTE
Soldiers from Camp Shelby lined the sidewalk of entrances into Forrest General to say thank you to nurses, healthcare workers with a standing ovation during Nurses Week and Hospital Week.

JULY 13

CLASSES GO ONLINE
Childbirth Preparation and Breastfeeding classes, which were offered on the Forrest General campus prior to the coronavirus, were made available in July to expectant mothers and their support systems through a series of online courses. Forrest General hoped this alternative to in-person classes would allow more families to participate and allow parents to learn at their own pace. The classes, taught by Forrest General nurses and staff, were made interactive so moms could submit questions to be answered by Family Birthplace experts.
2020 EMPLOYEE AWARDS

Vickie McGowan, RN
Clinical Nurse of the Year

Galen Pace, RN
Nurse Manager of the Year

Ruby Jones, RN
Nurse Mentor of the Year

Janet “Kim” Graves, RN
Nurse Rookie of the Year

Amarylis Caves, RN
Nurse Preceptor of the Year

Critical Care (ICU) Team Represented by Heather Keys, RN, and Candi Cobb, RN
Nurse Team of the Year

Stephanie Brown
Annual We Care Winner Employee of the Year Clinical Lab

Gregg Anazia, MD
Annual We Care Winner Physician Award Hospitalist

Ghina Crocker
Annual We Care Winner Leadership Award Epic Department

Ann Collins
Annual We Care Winner Radiation Oncology

Rachel Spillman
Annual We Care Winner Patient Care Unit 9T

Juralyn Speights, CNA
Annual We Care Winner Patient Care Unit 3B

Carolyn Gray
Annual We Care Winner Emergency Department
**AWARDS & RECOGNITIONS**

**Strategic Healthcare Programs**
Forrest General Home Care of Marion General was recognized by Strategic Healthcare Programs (SHP) as a “Superior Performer” for achieving an overall patient satisfaction score ranked in the top 20 percent of all eligible SHP clients for the 2019 calendar year. The annual SHPBest™ award program was created to acknowledge home health agencies that consistently provide high quality service to their patients.

**Abdominal Aortic Stent-Graft**
Sourabh Mukherjee, MD, FACS, RPVI, a peripheral vascular surgeon, performed the state’s first Treo® Abdominal Aortic Stent-Graft at Forrest General Hospital. The graft that was used was recently approved by the FDA, but the pandemic slowed the use of the process down, so only about 30 have been done nationwide. The aneurysm repair procedure allows surgeons to now repair aneurysms percutaneously, meaning the procedure is done via a needle-puncture of the skin rather than using an “open” approach where a patient’s inner organs are exposed.

**Commission on Cancer**
The Commission on Cancer granted Three-Year Accreditation status to Forrest General Hospital’s Cancer Center. To earn voluntary CoC accreditation, a cancer program must meet 34 CoC quality care standards, be evaluated every three years through a survey process, and maintain levels of excellence in the delivery of comprehensive patient-centered care. The center has had this Accreditation since 1970.

**Sales & Marketing Professionals**
Forrest General Women & Children’s Services was presented the Lifetime Achievement Award by the Sales & Marketing Professionals Pine Belt. The Lifetime Achievement Award, which symbolizes the marketing business of the decade, is one of two new awards which were debuted this year as The Pinnacle Awards celebrate a 10-year anniversary.

**American Heart Association & American Stroke Association**
The American Heart Association/American Stroke Association’s 2020 Get With The Guidelines® – Stroke Gold Plus Quality Achievement Award. The award recognizes the hospital’s commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

**American College of Cardiology**
American College of Cardiology’s NCDR Chest Pain – MI Registry Platinum Performance Achievement Award for 2020. Forrest General is one of only 140 hospitals nationwide to receive the honor.

**Blue Cross & Blue Shield of Mississippi**
Blue Cross & Blue Shield of Mississippi Blue Distinction Center+ for Spine Surgery, and Knee and Hip Replacement, as part of the Blue Distinction Specialty Care program.

**American Heart Association**
2020 Mission: Lifeline® Gold Plus Receiving Quality Achievement Award for implementing specific quality improvement measures outlined by the American Heart Association for the treatment of patients who suffer severe heart attacks.
### FORREST HEALTH
#### HOSPITAL STATISTICS

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<th>Hospital</th>
<th>Total Community Service Mission</th>
<th>Total Economic Benefit</th>
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<td>Forrest General Hospital</td>
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<td>Highland Community Hospital</td>
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<td>Marion General Hospital</td>
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<tr>
<td>Walthall General Hospital</td>
<td>$1,630,000</td>
<td>$4,480,000</td>
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#### Inpatient Admissions
- Forrest General Hospital: 2,187
- Highland Community Hospital: 27,041
- Marion General Hospital: 580
- Walthall General Hospital: 153

#### Births
- Forrest General Hospital: 269
- Highland Community Hospital: 2,631
- Marion General Hospital: 11,181
- Walthall General Hospital: 6,268

#### ER Visits
- Forrest General Hospital: 19,834
- Highland Community Hospital: 70,477
- Marion General Hospital: 128
- Walthall General Hospital: 98

#### Open Heart Surgeries
- Forrest General Hospital: 264
- Highland Community Hospital: 321
- Marion General Hospital: 321
- Walthall General Hospital: 609

#### Cancer Radiation Therapies
- Forrest General Hospital: 14,168
- Highland Community Hospital: 14,168
- Marion General Hospital: 14,168
- Walthall General Hospital: 14,168

#### Employees
- Forrest General Hospital: 297
- Highland Community Hospital: 3,463
- Marion General Hospital: 128
- Walthall General Hospital: 98

#### Inpatient Surgeries
- Forrest General Hospital: 4,557
- Highland Community Hospital: 3,463
- Marion General Hospital: 580
- Walthall General Hospital: 153

#### Outpatient Surgeries
- Forrest General Hospital: 609
- Highland Community Hospital: 264
- Marion General Hospital: 4,113
- Walthall General Hospital: 98
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<th>Hospital</th>
<th>TOTAL COMMUNITY SERVICE MISSION</th>
<th>TOTAL ECONOMIC BENEFIT</th>
<th>Inpatient Admissions</th>
<th>ER Visits</th>
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<td>OTHER 10%</td>
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Numbers reflect Fiscal Year 2020.
Andrew and Rachael Hatten welcomed Stephen Andrew Hatten to their family on January 13, 2020. Stephen was born at 28 weeks weighing 1 lb. 8 oz. and spent 76 days in Forrest General’s Neonatal Intensive Care Unit. The COVID-19 pandemic changed the way the couple was able to visit with their son. But through it all, the couple had nothing but words of praise for the care their son received and the many kindnesses shown to them.

The addition of a third linear accelerator and vault at the Forrest General Cancer Center Addition allows approximately 120 patients to be seen each day. This is an increase of 30 to 40 patients who are treated through external beam radiation therapy which means less time at the center for patients and more time at home with their loved ones. Able to treat all types of cancer, this very precise treatment method offers streamlines care for cancer patients.

During a year when the COVID-19 pandemic changed everything around us, Forrest General staff was able to continue to operate in as normal a way as possible with just a few changes here and there. These changes were implemented for the safety and care of both the patients and staff but also visitors to the facility. The hospital continued to offer one-of-a-kind hospitality through warm service, a safe environment and exceptional care.

Opting to have a knee replacement during the COVID-19 pandemic was of no real concern to Hattiesburg Realtor Gwen James once her doctor put her mind at ease. Her first knee replacement landed her in the hospital for two weeks; her most recent surgery required only an overnight stay. James calls her experience “great” and “awesome.”
MISSION
Do what is best for the patient.

WE C.A.R.E. VALUES
Together We...

COMMUNICATE with COURTESY and COMPASSION
ACKNOWLEDGE and take ACTION
RESPECT and REASSURE
EMPATHIZE and EXPLAIN